
Transitions Program Steps:

1. Sign-up: Call the Central Hub and ask to speak with a Transition Trainer
2. Evaluation
3. Training
4. Follow-up to Training

These four easy steps will have you on your way to riding the MWRTA fixed route bus system safely and independently!



Transition Graduates will be able to say this program opens the door to:

- additional independent living skills
 - increased independence
 - increased travel confidence
 - greater opportunities for employment in other areas
 - more access to community activities
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Learning how to access and use the MWRTA fixed route bus system has never been this exciting and easy!



Don't wait any longer!
Your ride to independence has arrived!

Call MWRTA at 508-935-2222 and ask to speak with a Transitions Travel Trainer.

Transitions
Your ride to independence.



Blandin Hub:
15 Blandin Ave.
Framingham, MA 01702
(508) 935-2222
TTY: (508) 935-2242
www.mwrta.com

Frequently Asked Questions (FAQ's)

What is Transitions?

Transitions is a comprehensive program with instruction designed to teach seniors or individuals with disabilities how to travel safely and efficiently on the MetroWest Regional Transit System (MWRTA) fixed route bus system. The main goal of this program is to prepare participants to travel independently on the MWRTA bus system. Specially trained Transitions trainers will provide training on a one-to-one basis.

Who should participate in Transitions?

This program is designed for seniors and individuals with disabilities who are at least 13 years old who have the desire and motivation to become more transit independent.

How is the training personalized?

Prior to the start of the program, each participant is individually evaluated, and training is specifically tailored to meet their specific needs, comfort and ability levels.

What is the trainer responsible for?

The trainer is responsible for making sure the participant experiences and understands the realities of riding on the MWRTA fixed route bus system and learns the skills required for safe and independent fixed route bus travel.

Transition trainers will develop customized plans to teach travel skills that address the specific needs of each individual.

Two Scenarios of Travel Training Available:

1. **General:** Learn to travel throughout the entire MWRTA fixed route system.
2. **Destination-based:** Learn to travel to and from a specific destination (for example: doctors office, post office, library, pharmacy, place of employment, etc).



Travel training to fit everyone's needs.

Three Types of Travel Training Available:

1. One-on-One Training
2. Classroom/Group Training
3. Train the Trainer

Outcomes of Transitions Program

Transitioning to a more independent lifestyle

Recognizing bus numbers

Arriving on time and safely to destinations

Noticing the different transfer points throughout the system

Satisfying the desire to go where you want to go

Increased travel confidence

Traveling with an awareness of your surrounding environment

Increased knowledge of the fixed route bus system

Orientated comfortably to the fixed route bus system

Not having an excuse to go out and be adventurous

Staying active in the community

And remember...

This program is currently FREE of charge!